

# Tips for Traveling with Reusable Cloth Diapers

*The Real Diaper Association conducted the 100% Reusable Cloth Diaper Campaign to help parents choose reusable cloth diapers every time, all the time. We asked experienced cloth diapering parents to share their advice on succeeding with reusable cloth diapers while traveling.*

*Here is what the experts said...*

## remember to pack the essentials...

Make a list, then pack your supplies (diapers – including extras in case you aren't able to wash often, wipes, cream, liners, laundry detergent, coins for laundry, and a couple of large wet bags) inside your pail liner or a separate suitcase. You can even keep everything inside a laundry basket if traveling by car. Be sure you leave out enough diapers to get you to your destination.

Many parents liked to travel with diaper flats because they don't require a lot of space. Flats are a single large layer of birdseye or flannel, 27" to 36" square. They fold up for absorbency where you need it under a cover, but are easy to hand wash and quick to dry. Prefolds and covers or all-in-twos were also recommended as the inserts are smaller and covers can be reused, saving space in your luggage.

*"I am so glad that I decided to travel with cloth. It was much easier than I had anticipated, and when it was over, I felt accomplished. I can't wait to cloth diaper on our next family trip!"*  
– Heather

## plan ahead...

Know what facilities are available while in transit and at your destination and don't be afraid to ask your hosts or hotels to use their laundry machines. Observe and take notes on your home diaper care routine, then make plans to adapt it to your travel itinerary. Keep in mind that different washers and dryers or air drying may take longer.

*"Check to see if there is a diaper service in the city you are traveling to. Some diaper services will provide service for you the week or two that you are in town." – April*

## and keep it simple...

Don't try a new system on the road – test drive it at home first! Traveling with reusable cloth diapers can be as easy – and provides the same great health, financial, and environmental benefits – as using cloth diapers at home. With a little planning, you can do it!

*"We use 100% cloth diapers while traveling for months at a time with my husband's band." – Selena*



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